

Portland's Premiere Clean Home Resource!

Helping Hands

www.helpinghandscentral.com
503-351-5716

Helping Hands Just For You



Spring-into-Summer Cleaning

And just like that, it's summer? How? When? You haven't even gotten around to spring cleaning yet. Well, it's always a good time for spotless closets, uncluttered cabinets, and a tidy pantry.

Time to call Debrah and schedule a Spring-into-Summer Cleaning. Just tell her what you'd like covered and she'll make sure our staff chases away everything from dust bunnies to that suspicious tangle of webs in your pantry. No job is too big, and yes, Joe (aka "Dean of Clean") does garages too.



It's grilling time again: clear skies (we hope), long days, and strawberries within picking distance--but what's this? You forgot to clean the BBQ before stashing it away? Let us do it for you. And remember, we're also great at cleaning your outdoor furniture and pressure-washing stone and brick patios.



*Have you noticed?
No More Plastic Bags!
While we are no longer lining every garbage can with plastic, we are carefully disinfecting it.*

As house cleaners, we are dirt and garbage removal specialists. We pride ourselves on getting the icky stuff out of your house. Now, we pride ourselves on doing this without the overuse of plastic, garbage bags.

If there is a can or two you really want lined, we're happy to recycle the grocery bags you bring home. Just let us know. That way, we'll all be doing our part to reduce, reuse, and recycle.

Meet The Staff

Kristi



Hometown: Sparks, Nevada

Joe on Kristi: A lean, mean, cleaning machine. She takes no prisoners when it comes to dust bunnies.

Life's dream: To be happy in all aspects of my life.

Favorite cleaning tip: I like making beds and my best advice for a great night's sleep is every morning when you make up your bed, first throw back all the sheets and toss the pillows on the floor. It's an easy way to get your stretching in for the morning and it fluffs up the pillows and gives your sheets a chance to air out. It may take a minute or two of more time, but you'll notice the difference when you slip in between the sheets at night.

Favorite pastime: Laughing out loud.

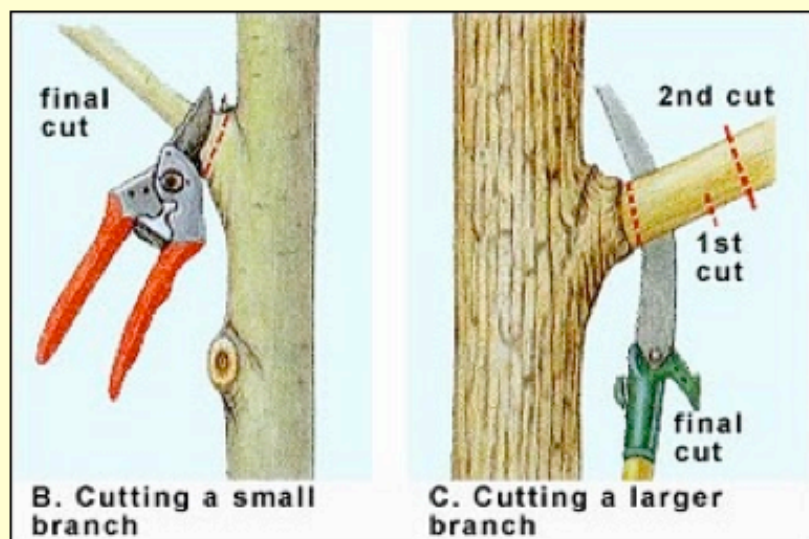
Birthday: June 7

Life's Dream: To be happy in all aspects of my life.

Guilty pleasure: David Bowie

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The Helping Hands List



Our Favorite Landscape Guru

Business: Barry Brown, Neo-Neolithic Designs

Services: Master pruner, stonewall builder, and landscape consultant.

Phone: (503) 929-9078

Email: healthy_roots@yahoo.com
(healthy_underscore_roots@yahoo.com)

Blog site: neoneolithicdesigns.blogspot.com

Coverage area: Portland metro area; large landscape projects statewide.

Why we recommend: Barry has worked for a number of our clients over the years and comes highly recommended for his aesthetic ability and his innate skill as a master pruner and stonemason. This internationally certified arborist also holds a degree in horticulture, Barry uses his knowledge in projects as small as pruning a client's favorite vine-maple on her courtyard patio to maintaining the landscape vision of two Northwest condominium properties to helping a client fulfill his wishes for a healthy and beautiful bio-dynamic winery and farm. As one client put it, "To meet Barry is to meet the 'plant whisperer.' He's a gentle man with an 'old soul.'"

